

Bottoms Up



Count: 48

Wall: 4

Level: Easy Intermediate

Choreographer: Karl-Harry Winson (UK) - May 2025

Music: Bell Bottoms Up - Lainey Wilson



Intro: 32 Counts (20 Seconds) Start on Vocals.

For a Beginner Level Split floor, please check out Bottoms Up! by Noreen Wall

Right Syncopated Vine. Point X3. Right Cross Shuffle.

- 1 – 2 Step Right to Right side. Cross Left behind Right.
- &3,4 Step Right to Right side. Cross Left over Right. Point Right toe out to Right side.
- 5 – 6 Point Right toe forward. Point Right toe out to Right side.
- 7&8 Cross Right over Left. Step Left to Left side. Cross Right over Left. (12.00)

Left Syncopated Vine. 1/4 Turn Left. Pivot 1/4 Turn Left X2.

- 1 – 2 Step Left to Left side. Cross Right behind Left.
- &3,4 Step Left to Left side. Cross step Right over Left. Turn 1/4 Left stepping forward on Left. (9.00)
- 5 – 8 Step Right forward. Pivot 1/4 Turn Left (6.00). Step Right forward. Pivot 1/4 Turn Left (3.00).

Walk Forward X2. Right Kick Ball-Step. Forward Rock. Right Shuffle Back.

- 1 – 2 Walk forward on Right. Walk forward on Left.
- 3&4 Kick Right forward. Step Right beside Left. Step forward on Left.
- 5 – 6 Rock forward on Right. Recover weight on Left.
- 7&8 Step Right back. Close Left beside Right. Step back on Right. (3.00).

Back Rock. Shuffle 1/2 Turn Right. Side Touches X2.

- 1 – 2 Rock back on Left. Recover weight forward on Right.
- 3&4 Shuffle 1/2 turn Right stepping: Left, Right, Left. (9.00)
- 5 – 8 Step Right to Right side. Touch Left beside Right. Step Left to Left side. Touch Right beside Left.

***Restart Here on Wall 6 facing 6 o'clock**

Right Kick Ball-Cross. Side. Drag. Left Kick Ball-Cross. Side. Behind.

- 1&2 Kick Right to Right diagonal. Step Right beside Left. Cross step Left over Right.
- 3 – 4 Step big step to Right side. Drag Left up towards Right.
- 5&6 Kick Left to Left diagonal. Step Left in place beside Right. Cross step Right over Left.
- 7 – 8 Step Left to Left side. Cross Right behind Left (9.00).

Shuffle 1/4 Turn Left. Step. Pivot 1/4 Turn Left. Cross. Hinge 1/2 Turn Right.

- 1&2 Step Left to Left side. Close Right beside Left. Turn 1/4 Left stepping Left forward (6.00)
- 3 – 4 Step Right forward. Pivot 1/4 turn Left. (3.00)
- 5 – 6 Cross Right over Left. Turn 1/4 Right stepping Left back. (6.00)
- 7 – 8 Turn 1/4 Right stepping Right to Right side. Cross step Left over Right. (9.00)

Tag 1 – End of Wall 1 add on the following facing 9 o'clock Wall:

Right Diagonal Rocking Chair.

- 1 – 2 Rock Right forward into Right diagonal. Recover on Left.
- 3 – 4 Rock Right back behind Left. Recover weight on Left.

Tag 2 – End of Wall 2 add on the following facing 6 o'clock Wall:

Right Diagonal Rocking Chair. Modified Figure of 8.

- 1 – 2 Rock Right forward into Right diagonal. Recover on Left.
- 3 – 4 Rock Right back behind Left. Recover weight on Left.
- 5 – 6 Step Right to Right side. Cross Left behind Right.
- 7 – 8 Turn 1/4 Right stepping Right forward (9.00). Step forward on Left.
- 9-10 Pivot 1/2 Turn Right (3.00). Turn 1/4 Right stepping Left to Left side (6.00).
- 11-12 Rock Right back behind Left. Recover weight forward on Left. (6.00).

***Restart – During Wall 6, dance 32 Counts and restart facing 6 o'clock Wall.**

Choreographers note: Wall 5 into 6 will go slightly out of phrase, dance through it because Wall 6 will bring you back into phrase with the restart