

LOST'N'LOOKING

MUSIC: Good Directions

ARTIST: Billy Currington

ALBUM: Doin' Somethin' Right

CHOREOGRAPHERS: Darren Mitchell & Cathryn Proudfoot; Victoria. May 2006.

DANCE: 64 Count Intermediate 4 Wall Line Dance with 2 Restarts (& some other bits too)

Dance starts with lyrics after 32 count intro

BEATS	STEPS
1,2,3&4	BACK, FWD, RIGHT HEEL-BALL CROSS: Rock back on R behind L, replace weight on L, touch R heel at 45 degrees, Step back on R slightly behind L, step L across in front of R
5&6,7,8	RIGHT HEEL-BALL CROSS, SIDE ROCK: Touch R heel at 45 degrees, step back on R slightly behind L, step L across in front of R Rock step R to side, replace weight on L
&1&2&3&4	RIGHT KNEE POPS WITH FINGER CLICKS: Lift R heel bending R knee towards L leg, lower R heel to straighten leg ##### Clicking R fingers down beside thigh at the same time as lowering heel Repeat 3 times taking weight on R on beat 4
&5&6,7,8	BALL CROSS SHUFFLE, 1/4 RIGHT, 1/4 RIGHT: Step back on L, step R across in front of L, step L to side, step R across in front of L Turn ¼ R stepping L back, turn ¼ R stepping R to side
1&2,3&4	LEFT HEEL-BALL CROSS, LEFT HEEL-BALL CROSS: Touch L heel at 45 degrees, step back on L slightly behind R, step R across in front of L Touch L heel at 45 degrees, step back on L slightly behind R, step R across in front of L
5,6,7,8	SIDE ROCK, BACK ROCK: Rock step L to side, replace weight on R, rock back on L behind R, replace weight on R
1,2&3&4	LEFT DOROTHY STEP, RIGHT LOCKING SHUFFLE TO 45 DEGREES: Step L fwd to 45 degrees, lock step R behind L, step L to side Step R fwd to 45 degrees, lock step L behind R, step R fwd to 45 degrees
5,6&7&8	LEFT DOROTHY STEP, RIGHT LOCKING SHUFFLE TO 45 DEGREES: Step L fwd to 45 degrees, lock step R behind L, step L to side Step R fwd to 45 degrees, lock step L behind R, step R fwd to 45 degrees
1,2&3,4	ROCK FORWARD, BACK, 1/2 LEFT, 1/2 LEFT, 1/4 LEFT: Rock L fwd to straighten up, rock back on R, turn ½ L to step L fwd Turn ½ L to step R back, turn ¼ L to step L to side
5&6,7,8	CROSS SHUFFLE, SIDE ROCK: Step R across in front of L, step L to side, step R across in front of L Rock L to side, replace weight on R
1&2,3,4	LEFT SAILOR STEP WITH 1/4 TURN L, ROCK FORWARD BACK: Step L behind R, turn ¼ L stepping R together with L step L fwd Rock step R fwd, replace weight on L
5,6&7,8	BACK, DRAG, BALL-STEP, STEP: Step back on R, drag L toe back towards R, step L slightly back, step fwd on R, step fwd on L
1&2,3	SHUFFLE RIGHT FORWARD, STEP LEFT FORWARD: Step R fwd, step L together with R, step R fwd, step L fwd
4,5,6,7,8	RIGHT MONTEREY 1/2 TURN, LEFT MONTEREY 1/4 TURN, STEP RIGHT FORWARD: Touch R toe to side, turn back ½ R on ball of L foot stepping R together with L, Touch L toe to side, turn ¼ L on ball of R foot stepping L together with R, step R fwd **
1,2&3&4	ROCK FORWARD, BACK, 1/2 LEFT SHUFFLE FORWARD: Rock L fwd, replace weight on R, turn back ½ L Step L fwd, step R together with L, step L fwd
5,6,7,8	STEP 1/2 PIVOT TURN LEFT, SIDE ROCK: Step R fwd, pivot turn ½ L taking weight on L, rock R to side, replace weight on L
64 BEATS	END OF DANCE
**RESTARTS:	On walls 2 & 4, leave off last 8 counts and replace BEAT 56 (STEP R FWD) with TOUCH R slightly to side and restart from beginning.
#####	On wall 6 at this point of the dance sequence, there is a big down beat in the music...
	Replace the knee pops and finger clicks with the following 4 counts:
&1,2,3,4	FLICK, STOMP, HOLD, HIP ROLL ANTI CLOCKWISE: Flick R heel behind L leg, stomp R out to side, hold for one beat of music Roll hips full circle anti clockwise finishing with weight on R
ENDING:	The music slows towards the end of the song. Keep dancing at pace for the first 8 counts and do a hinge turn back ½ R to face the front

HAVE FUN WITH THIS ONE.... Daz & Cathryn :)

CONTACT:

Darren Mitchell
PH: 0417516278
darrenmitchell@acemail.com.au
www.cheyennelinedancing.com.au

Cathryn Proudfoot
PH: 0427667860
cathrynproudfoot@bigpond.com